

RUSSIAN MINISTRY OF HEALTH
Federal State Budget
Educational Institution of the Higher Education
"South Ural State Medical University"
Ministry of Health of the Russian Federation
(FSBEI HE SUSMU of the Russian Ministry of Health)

CLINICAL PRACTICE DIARY

Student _____
(Full name completely)

Faculty group _____: general medicine

Practice type: **clinical practice for obtaining professional skills and professional experience
in position of nursing personnel**

Terms of practical training: _____ 2026 – _____ 2026

Place of practice: **State Healthcare Institution “Regional Clinical Hospital # _____”**

Subdivision: **Department of** _____

Head of practice from university: **Associate professor** _____
(Position, Name)

Head of practice from hospital: _____
(Position, Name)

“Students were instructed to familiarize themselves with labor protection requirements, safety regulations, fire safety, internal labor regulations, and the sanitary and anti-epidemic regime”

Occupational safety engineer
Position

Sign

Name

Stamp of the hospital

Academic year 2025/2026

The content of the practice is presented in the practice program

Planned results of the practice:

GPC 1. Able to implement moral and legal norms, ethical and deontological principles in professional activities.

GPC 1.1. Uses the principles of medical ethics and deontology in professional activities.

GPC 1.2. Applies the legislation of the Russian Federation in the field of health care and regulatory legal acts that determine the activities of medical workers and medical organizations in their professional activities.

GPC 6. Capable of organizing patient care, providing primary health care, ensuring the organization of work and making professional decisions in emergency conditions at the prehospital stage, in emergency situations, epidemics and in areas of mass destruction.

GPC 6.1. Organizes patient care.

GPC 6.3. Provides primary health care at the prehospital stage, including in emergency situations, epidemics and in areas of mass destruction.

PC 1. Ability and readiness to implement a set of measures aimed at providing emergency and urgent medical care to patients of various profiles.

PC 1.1. Assesses and identifies clinical signs of a patient's condition requiring emergency medical care.

List of practical skills

1. Filling out medical documentation.
2. Collection and sorting of medical waste.
3. Change of underwear and bed linen for a seriously ill patient.
4. Carrying out toileting of the skin of a seriously ill patient.
5. Instilling drops into the eyes, nose, ears.
6. Transporting the patient on a gurney (trolley) and wheelchair.
7. Delivery of the bedpan, washing the patient.
8. Measuring body temperature.
9. Preparing and serving a heating pad to the patient.
10. Bladder catheterization in men and women.
11. Guide for using a pocket inhaler.
12. Blood pressure measurement.
13. Performing intramuscular injections.
14. Performing intravenous injections.
15. Performing intravenous infusions.
16. Insertion of a nasogastric tube.
17. Tube gastric lavage.
18. Performing a cleansing enema.
19. First aid for fainting.*
20. Performing CPR mechanical ventilation and chest compressions.*

*training in simulated conditions

Work schedule for the internship: date and time are indicated in the student's individual assignment

Date, time	Individual task of the student
	Introduction. Instructing in the organization of practice and maintaining reporting documentation. Checking personal medical books. Therapeutic and protective regime. Department internal regulations. Distribution by departments of a medical organization.
	Content of completed work
	Signature of the student
	Notes, recommendations of the teacher
	Signature of the head of practice from university
Date, time	Individual task of the student
	Sanitary treatment of patients. Carrying out anthropometry. Transportation of the patient on a trolley, on a wheelchair and manually (on hands, a stretcher).
	Content of completed work
	Signature of the student
	Notes, recommendations of the teacher
	Signature of the head of practice from university

Date, time	Individual task of the student
	Sanitary and hygienic regime of various departments of stationary health care facilities. Records management.
	Content of completed work
	Signature of the student
	Notes, recommendations of the teacher
	Signature of the head of practice from university
Date, time	Individual task of the student
	Personal hygiene, dress code and hand treatment of medical personnel.
	Content of completed work
	Signature of the student
	Notes, recommendations of the teacher
	Signature of the head of practice from university

Date, time	Individual task of the student
	Types of cleaning wards, halls and manipulation rooms. Disinfecting rooms with various UV lamps.
	Content of completed work
	Signature of the student
	Notes, recommendations of the teacher
	Signature of the head of practice from university
Date, time	Individual task of the student
	Stages of treatment of instruments and medical devices: disinfection, pre-sterilization, sterilization. Processing and sterilization control.
	Content of completed work
	Signature of the student
	Notes, recommendations of the teacher
	Signature of the head of practice from university

Date, time	Individual task of the student
	Functional bed for patients of different ages, weight and severity of the condition, anti-decubitus mattress, prevention of pressure sores.
	Content of completed work
	Signature of the student
	Notes, recommendations of the teacher
	Signature of the head of practice from university
Date, time	Individual task of the student
	Thermometry. Registration of results in the temperature sheet. Fever care.
	Content of completed work
	Signature of the student
	Notes, recommendations of the teacher
	Signature of the head of practice from university

Date, time	Individual task of the student
	Development of practical skills in simulated conditions. Counting the pulse, the number of heartbeats, and the number of breaths, measuring blood pressure with a manual and automatic tonometer.
	Content of completed work
	Signature of the student
	Notes, recommendations of the teacher
	Signature of the head of practice from university
Date, time	Individual task of the student
	Nutrition of a seriously ill patient by natural and artificial methods (NGT, stoma). Parenteral nutrition.
	Content of completed work
	Signature of the student
	Notes, recommendations of the teacher
	Signature of the head of practice from university

Date, time	Individual task of the student
	The simplest physiotherapy: compresses, mustard plasters, heating pads, an ice pack.
	Content of completed work
	Signature of the student
	Notes, recommendations of the teacher
	Signature of the head of practice from university
Date, time	Individual task of the student
	Care for vomiting, setting cleansing enemas and micro clysters. Features of staging for patients of different ages and severity.
	Content of completed work
	Signature of the student
	Notes, recommendations of the teacher
	Signature of the head of practice from university

Date, time	Individual task of the student
	First aid for renal colic. Bladder catheterization in men and women.
	Content of completed work
	Signature of the student
	Notes, recommendations of the teacher
	Signature of the head of practice from university
Date, time	Individual task of the student
	First aid for shortness of breath and suffocation, the use of a pocket inhaler. Help with aspiration of a foreign body.
	Content of completed work
	Signature of the student
	Notes, recommendations of the teacher
	Signature of the head of practice from university

Date, time	Individual task of the student
	First aid for fainting, collapse, heat and sunstroke. Cardiopulmonary resuscitation in therapeutic and surgical patients.
	Content of completed work
	Signature of the student
	Notes, recommendations of the teacher
	Signature of the head of practice from university
Date, time	Individual task of the student
	Certification for practice, verification of reporting documentation, credit registration.
	Content of completed work
	Assessment for practical skills (<i>check list</i>) - Assessment for the report - Supervisor opinion (<i>reference</i>)- Assessment for practice _____
	Signature of the student
	Notes, recommendations of the teacher
	Signature of the head of practice from university

PRACTICAL SKILL CHECK LISTS

Name _____ group 2_____

Date, time: _____

Measurement of arterial pressure

№ п/п	List and sequence of actions	Executed (1,0)	With a mistake (0,5)	Not executed (0)
1.	Identify the patient. Introduce yourself.			
2.	Explain the purpose and the course of manipulation. Receive the consent of the patient.			
3.	Correct arrangement of the patient			
4.	Imposing of a cuff on a shoulder			
5.	Air inflating			
6.	Definition of the first Korotkov tone			
7.	Definition of the second Korotkov tone			
8.	Repeated measurement			
9.	Fixing of results			
10.	Assessment of results			

In total points: _____ (7,5-10,0 points - is reckoned)

Performance of an intravenous injection

№	List and sequence of actions	Executed (1,0)	With a mistake (0,5)	Not executed (0)
1.	Identification of the patient, presentation to the patient, clarification of the patient's consent to the administration of the drug and information about its tolerability			
2.	Check of suitability of medicine and verification with appointment of the doctor			
3.	Processing of hands in the hygienic way			
4.	Set of medicine of an ampoule or of a bottle			
5.	Choice, preparation and processing of area of a venipuncture			
6.	Performance of a venipuncture, administration of medicine			
7.	Completion of the procedure, processing of the equipment and tools			
8.	Processing of hands in the hygienic way			
9.	Clarification from the patient about the way he feels			
10.	Record in medical documentation			

In total points: _____ (7,5-10,0 points - is reckoned)

Head of practice _____