

RUSSIAN MINISTRY OF HEALTH
Federal State Budget
Educational Institution of the Higher Education
"South Ural State Medical University"
Ministry of Health of the Russian Federation
(FSBEI HE SUSMU of the Russian Ministry of Health)

PRACTICE DIARY

Student _____
(Full name completely)

Faculty group **174**: dentistry

Practice type: **educational: for obtaining primary professional skills and professional experience in positions of nursing personnel**

Terms of practical training: 05.07.2024 – 13.07.2024

Place of practice: **FSBEI HE SUSMU of the Russian Ministry of Health**

Subdivisions: **Department of Nursing and Patient Care**, Federal Accreditation Center

Head of practice from university: _____
(Position, Name)

“Students were instructed to familiarize themselves with labor protection requirements, safety regulations, fire safety, internal labor regulations, and the sanitary and anti-epidemic regime”

Head of the Department of Nursing and Patient Care, professor _____ Yu. I. Pavlov

Academic year 2023-2024

The content of the practice is presented in the practice program

Planned results of the practice:

1. Able to implement moral and legal norms, ethical and deontological principles in professional activities.
 - 1.1. Uses the principles of medical ethics and deontology in professional activities.
 - 1.2. Applies the legislation of the Russian Federation in the field of health care and regulatory legal acts that determine the activities of medical workers and medical organizations in their professional activities.
2. Able to analyze the results of one's own activities to prevent professional errors.
 - 2.1. Applies knowledge to critically analyze a professional situation to prevent errors.
 - 2.2. Uses the legislation of the Russian Federation in the field of health protection and regulatory legal acts that determine the activities of medical workers and medical organizations in professional activities to prevent errors.
7. Able to organize work and make professional decisions in emergency situations, in emergency situations, epidemics and in areas of mass destruction.
10. Capable of organizing patient care, providing primary health care, ensuring the organization of work and making professional decisions in emergency conditions at the prehospital stage, in emergency situations, epidemics and in areas of mass destruction.

List of practical skills

1. Filling out medical documentation.*
2. Collection and sorting of medical waste.
3. Allowance for changing linen and clothes for a seriously ill patient.
4. Skin care for a seriously ill patient.
5. Caring for hair, nails, shaving a seriously ill patient.
6. Administration of drugs intra nose.
7. Transportation of a seriously ill patient within the institution.
8. Aid for defecation of a seriously ill patient.
9. General thermometry.
10. Bladder catheterization.*
11. Inhalation administration of drugs and oxygen.
12. Measurement of blood pressure in peripheral arteries.
13. Intramuscular administration of drugs.
14. Intravenous administration of drugs.
15. Continuous intravenous administration of drugs.
16. Installation of a nasogastric tube.*
17. Gastric lavage.*
18. Performing a cleansing enema.
19. First aid for fainting.*
20. Heart massage. Artificial ventilation.*

*training in simulated conditions

Work schedule for the internship: _____

Date	<i>Individual task of the student</i>				
05.07.24	Introduction. Safety briefing. Therapeutic and protective regime of various hospital departments, including dentistry and maxillofacial surgery. Internal regulations of the hospital department. Filling medical documentation.				
<i>Content of the performed work</i>					
Signature of the student					
Checklist Filling of medical documentation					
	№	List and sequence of actions	Executed (1,0)	With a mistake (0,5)	Not executed (0)
	1.	Identify the patient			
	2.	Check a form of medical documentation			
	3.	Check basic data, if necessary instruct the patient			
	4.	Fill a passport part			
	5.	Fill the main part of the document			
	6.	If necessary receive the signature of the patient (the lawful representative)			
	7.	If necessary give marks about performance			
	8.	Append own signature			
	9.	Check attributes of the document (signatures, dates, etc.)			
	10.	Put the document in the place of storage			
In total points: _____ (7,5-10,0 points - is reckoned)					
<p>Notes, recommendations of the teacher</p> <p>Signature of the head of practice from university</p>					

Date	<i>Individual task of the student</i>			
06.07.24	Sanitary and hygienic regime of various departments of an inpatient medical organization (MO). Records management. Combating hospital infections. Quality control. Study of new sanitary rules SP 2.1.3678-20. Personal hygiene, clothing and hand treatment of medical personnel. Medical examinations. Types of cleaning of wards, halls and manipulation rooms			
<i>Content of the performed work</i>				
Signature of the student				
Checklist Hand hygiene technique				
№	List and sequence of actions	Executed (1,0)	With a mistake (0,5)	Not executed (0)
1.	Prepare everything you need for the procedure			
2.	Get up in front of the sink, turn on and adjust the water to a comfortable value			
3.	Apply liquid soap to your palms			
4.	Rub palm against palm			
5.	Rub your right palm over the back of your left hand and vice versa			
6.	Rub your palms with your fingers crossed and spread out			
7.	Place your fingers together and rub the back of your bent fingers across the palm of your other hand			
8.	Rub your thumbs alternately in a circular motion			
9.	Rub your palm alternately with the fingertips of the opposite hand in multidirectional circular movements			
10.	Rinse off the soap, dry your hands, discard the towel			
In total points: _____ (7,5-10,0 points - is reckoned)				
Notes, recommendations of the teacher				
Signature of the head of practice from university				

Date	<i>Individual task of the student</i>			
08.07.24	Working with medical waste. Sorting of waste according to the SanPiN 2.1.3684-21. Cultivation of disinfecting solutions for cleaning. Control of cultivation of disinfecting solutions. Stages of processing of medical tools and equipment: disinfection, presterilization, sterilization. Control of presterilizing processing and sterilization. Filling of nursing documentation.			
<i>Content of the performed work</i>				
Signature of the student				
Checklist Collecting and sorting of medical waste				
№	List and sequence of actions	Executed (1,0)	With a mistake (0,5)	Not executed (0)
1.	Definition of waste of a class A according to the standard			
2.	The choice of capacity for utilization, utilization			
3.	Overload in the marked containers			
4.	Definition of waste of a class B according to the standard			
5.	The choice of capacity for utilization, utilization			
6.	Obstruction of tanks for transportation			
7.	Placement of tanks with waste of a class B in the marked containers			
8.	Definition of waste of a class C according to the standard			
9.	Disinfecting of waste of a class C, filling of tanks for collecting waste			
10.	Placement of tanks with waste of a class C in the marked containers			
In total points: _____ (7,5-10,0 points - is reckoned)				
Notes, recommendations of the teacher				
Signature of the head of practice from university				

Date	<i>Individual task of the student</i>			
09.07.24	The use of drugs in the treatment process. Distribution of medicines. Storage and accounting of medicines in a hospital medical facility. Methods of distributing medications in the department. Ways and methods of using drugs.			
<i>Content of the performed work</i>				
Signature of the student				
Checklist Distributing medications to seriously ill patients in the department				
№	List and sequence of actions	Executed (1,0)	With a mistake (0,5)	Not executed (0)
1.	Preparing to distribute medications			
2.	Reconciliation with the appointment sheet			
3.	Reconciliation with the appointment sheet			
4.	Patient identification, presentation			
5.	Explaining the purpose of the manipulation, obtaining consent			
6.	Dispensing medications according to the prescription list			
7.	Monitoring the patient's medication intake			
8.	Placing the patient in bed			
9.	Mark in medical documentation			
10.	Cleaning and processing of equipment			
In total points: _____ (7,5-10,0 points - is reckoned)				
Notes, recommendations of the teacher				
Signature of the head of practice from university				

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10.07.24	Rules for maintaining personal hygiene of a seriously ill patient. Position and placement of a seriously ill patient in bed. Change of underwear and bed linen. Moving a seriously ill patient. Caring for seriously ill patients on long-term bed rest. Functional bed for patients of different ages, weights and severity of conditions, anti-bedsores mattress, prevention of bedsores.																																																										
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	<p>Signature of the student</p> <p style="text-align: center;">Checklist Carrying out toilet of skin of the seriously ill patient</p> <table border="1" data-bbox="288 1211 1477 1758"> <thead> <tr> <th data-bbox="288 1211 357 1301">№</th> <th data-bbox="357 1211 916 1301">List and sequence of actions</th> <th data-bbox="916 1211 1107 1301">Executed (1,0)</th> <th data-bbox="1107 1211 1267 1301">With a mistake (0,5)</th> <th data-bbox="1267 1211 1477 1301">Not executed (0)</th> </tr> </thead> <tbody> <tr> <td data-bbox="288 1301 357 1346">1.</td> <td data-bbox="357 1301 916 1346">Identify the patient. Introduce yourself.</td> <td data-bbox="916 1301 1107 1346"></td> <td data-bbox="1107 1301 1267 1346"></td> <td data-bbox="1267 1301 1477 1346"></td> </tr> <tr> <td data-bbox="288 1346 357 1406">2.</td> <td data-bbox="357 1346 916 1406">Explain the purpose and the course of manipulation. Receive the consent of the patient.</td> <td data-bbox="916 1346 1107 1406"></td> <td data-bbox="1107 1346 1267 1406"></td> <td data-bbox="1267 1346 1477 1406"></td> </tr> <tr> <td data-bbox="288 1406 357 1442">3.</td> <td data-bbox="357 1406 916 1442">Skin toilet, hygienic way.</td> <td data-bbox="916 1406 1107 1442"></td> <td data-bbox="1107 1406 1267 1442"></td> <td data-bbox="1267 1406 1477 1442"></td> </tr> <tr> <td data-bbox="288 1442 357 1480">4.</td> <td data-bbox="357 1442 916 1480">Control of patient's hair</td> <td data-bbox="916 1442 1107 1480"></td> <td data-bbox="1107 1442 1267 1480"></td> <td data-bbox="1267 1442 1477 1480"></td> </tr> <tr> <td data-bbox="288 1480 357 1525">5.</td> <td data-bbox="357 1480 916 1525">Processing of potential places of bedsores</td> <td data-bbox="916 1480 1107 1525"></td> <td data-bbox="1107 1480 1267 1525"></td> <td data-bbox="1267 1480 1477 1525"></td> </tr> <tr> <td data-bbox="288 1525 357 1563">6.</td> <td data-bbox="357 1525 916 1563">Turn of the patient sideways</td> <td data-bbox="916 1525 1107 1563"></td> <td data-bbox="1107 1525 1267 1563"></td> <td data-bbox="1267 1525 1477 1563"></td> </tr> <tr> <td data-bbox="288 1563 357 1624">7.</td> <td data-bbox="357 1563 916 1624">Change of bed linen by the method "from side to side", i.e. lateral method</td> <td data-bbox="916 1563 1107 1624"></td> <td data-bbox="1107 1563 1267 1624"></td> <td data-bbox="1267 1563 1477 1624"></td> </tr> <tr> <td data-bbox="288 1624 357 1668">8.</td> <td data-bbox="357 1624 916 1668">Positioning of the patient in a bed</td> <td data-bbox="916 1624 1107 1668"></td> <td data-bbox="1107 1624 1267 1668"></td> <td data-bbox="1267 1624 1477 1668"></td> </tr> <tr> <td data-bbox="288 1668 357 1713">9.</td> <td data-bbox="357 1668 916 1713">Utilization of dirty linen</td> <td data-bbox="916 1668 1107 1713"></td> <td data-bbox="1107 1668 1267 1713"></td> <td data-bbox="1267 1668 1477 1713"></td> </tr> <tr> <td data-bbox="288 1713 357 1758">10.</td> <td data-bbox="357 1713 916 1758">Completion of the procedure</td> <td data-bbox="916 1713 1107 1758"></td> <td data-bbox="1107 1713 1267 1758"></td> <td data-bbox="1267 1713 1477 1758"></td> </tr> </tbody> </table> <p data-bbox="288 1794 1477 1832">In total points: _____ (7,5-10,0 points - is reckoned)</p>				№	List and sequence of actions	Executed (1,0)	With a mistake (0,5)	Not executed (0)	1.	Identify the patient. Introduce yourself.				2.	Explain the purpose and the course of manipulation. Receive the consent of the patient.				3.	Skin toilet, hygienic way.				4.	Control of patient's hair				5.	Processing of potential places of bedsores				6.	Turn of the patient sideways				7.	Change of bed linen by the method "from side to side", i.e. lateral method				8.	Positioning of the patient in a bed				9.	Utilization of dirty linen				10.	Completion of the procedure			
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11.07.24	Development of practical skills in simulated conditions. Feeding the seriously ill patients. Help with nutrition. Pipe table. Artificial nutrition through a nasogastric tube, through a gastrostomy, duodenostomy. Filling out the portion requirement.																																																										
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12.07.24	General thermometry. Blood pressure measurement with manual and automatic tonometer. Bladder catheterization in men and women. Using a pocket inhaler. First aid for renal colic, shortness of breath and suffocation, foreign body aspiration, fainting, collapse, heat and sunstroke, vomiting.																																																										
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	<p>Signature of the student</p> <p style="text-align: center;">Checklist Measurement of arterial pressure</p> <table border="1" data-bbox="288 1211 1477 1731"> <thead> <tr> <th data-bbox="288 1211 357 1305">№</th> <th data-bbox="357 1211 933 1305">List and sequence of actions</th> <th data-bbox="933 1211 1106 1305">Executed (1,0)</th> <th data-bbox="1106 1211 1268 1305">With a mistake (0,5)</th> <th data-bbox="1268 1211 1477 1305">Not executed (0)</th> </tr> </thead> <tbody> <tr> <td data-bbox="288 1305 357 1346">1.</td> <td data-bbox="357 1305 933 1346">Identify the patient. Introduce yourself.</td> <td data-bbox="933 1305 1106 1346"></td> <td data-bbox="1106 1305 1268 1346"></td> <td data-bbox="1268 1305 1477 1346"></td> </tr> <tr> <td data-bbox="288 1346 357 1408">2.</td> <td data-bbox="357 1346 933 1408">Explain the purpose and the course of manipulation. Receive the consent of the patient.</td> <td data-bbox="933 1346 1106 1408"></td> <td data-bbox="1106 1346 1268 1408"></td> <td data-bbox="1268 1346 1477 1408"></td> </tr> <tr> <td data-bbox="288 1408 357 1449">3.</td> <td data-bbox="357 1408 933 1449">Correct arrangement of the patient</td> <td data-bbox="933 1408 1106 1449"></td> <td data-bbox="1106 1408 1268 1449"></td> <td data-bbox="1268 1408 1477 1449"></td> </tr> <tr> <td data-bbox="288 1449 357 1489">4.</td> <td data-bbox="357 1449 933 1489">Imposing of a cuff on a shoulder</td> <td data-bbox="933 1449 1106 1489"></td> <td data-bbox="1106 1449 1268 1489"></td> <td data-bbox="1268 1449 1477 1489"></td> </tr> <tr> <td data-bbox="288 1489 357 1529">5.</td> <td data-bbox="357 1489 933 1529">Air inflating</td> <td data-bbox="933 1489 1106 1529"></td> <td data-bbox="1106 1489 1268 1529"></td> <td data-bbox="1268 1489 1477 1529"></td> </tr> <tr> <td data-bbox="288 1529 357 1570">6.</td> <td data-bbox="357 1529 933 1570">Definition of the first Korotkov tone</td> <td data-bbox="933 1529 1106 1570"></td> <td data-bbox="1106 1529 1268 1570"></td> <td data-bbox="1268 1529 1477 1570"></td> </tr> <tr> <td data-bbox="288 1570 357 1610">7.</td> <td data-bbox="357 1570 933 1610">Definition of the second Korotkov tone</td> <td data-bbox="933 1570 1106 1610"></td> <td data-bbox="1106 1570 1268 1610"></td> <td data-bbox="1268 1570 1477 1610"></td> </tr> <tr> <td data-bbox="288 1610 357 1650">8.</td> <td data-bbox="357 1610 933 1650">Repeated measurement</td> <td data-bbox="933 1610 1106 1650"></td> <td data-bbox="1106 1610 1268 1650"></td> <td data-bbox="1268 1610 1477 1650"></td> </tr> <tr> <td data-bbox="288 1650 357 1691">9.</td> <td data-bbox="357 1650 933 1691">Fixing of results</td> <td data-bbox="933 1650 1106 1691"></td> <td data-bbox="1106 1650 1268 1691"></td> <td data-bbox="1268 1650 1477 1691"></td> </tr> <tr> <td data-bbox="288 1691 357 1731">10.</td> <td data-bbox="357 1691 933 1731">Assessment of results</td> <td data-bbox="933 1691 1106 1731"></td> <td data-bbox="1106 1691 1268 1731"></td> <td data-bbox="1268 1691 1477 1731"></td> </tr> </tbody> </table> <p data-bbox="288 1767 1442 1807">In total points: _____ (7,5-10,0 points - is reckoned)</p>				№	List and sequence of actions	Executed (1,0)	With a mistake (0,5)	Not executed (0)	1.	Identify the patient. Introduce yourself.				2.	Explain the purpose and the course of manipulation. Receive the consent of the patient.				3.	Correct arrangement of the patient				4.	Imposing of a cuff on a shoulder				5.	Air inflating				6.	Definition of the first Korotkov tone				7.	Definition of the second Korotkov tone				8.	Repeated measurement				9.	Fixing of results				10.	Assessment of results			
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13.07.24	Providing first aid. Cardiopulmonary resuscitation, chest compressions, mechanical ventilation. Certification of practice, verification of reporting documentation, registration of credit.																																																										
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	<p>Оценка за практические навыки _____</p> <p>Оценка за доклад _____</p> <p>Test question score _____</p> <p>Signature of the student</p> <p style="text-align: center;">Checklist Carrying out AR and indirect cardiac massage</p> <table border="1"> <thead> <tr> <th>№</th> <th>List and sequence of actions</th> <th>Executed (1,0)</th> <th>With a mistake (0,5)</th> <th>Not executed (0)</th> </tr> </thead> <tbody> <tr> <td>1.</td> <td>Lay the victim on a back on a firm surface</td> <td></td> <td></td> <td></td> </tr> <tr> <td>2.</td> <td>Release a thorax of the victim of clothes</td> <td></td> <td></td> <td></td> </tr> <tr> <td>3.</td> <td>To kneel sideways from the victim facing him</td> <td></td> <td></td> <td></td> </tr> <tr> <td>4.</td> <td>Throw back the patient's head, releasing respiratory tract (make the roller of clothes)</td> <td></td> <td></td> <td></td> </tr> <tr> <td>5.</td> <td>The basis of a palm of one hand to put on the lower third of a breast of the victim, link fingers in the lock</td> <td></td> <td></td> <td></td> </tr> <tr> <td>6.</td> <td>30 compressions of a thorax, pressing through a breast on 5-6 cm, work with straight arms</td> <td></td> <td></td> <td></td> </tr> <tr> <td>7.</td> <td>Clasp the victim's lips with your own lips, vigorously execute two exhalations, controlling the movement of a thorax of the patient</td> <td></td> <td></td> <td></td> </tr> <tr> <td>8.</td> <td>Repeat the cycles 2 exhalations - 30 compressions</td> <td></td> <td></td> <td></td> </tr> <tr> <td>9.</td> <td>Control a condition of the victim</td> <td></td> <td></td> <td></td> </tr> <tr> <td>10.</td> <td>Completion of the procedure</td> <td></td> <td></td> <td></td> </tr> </tbody> </table> <p>In total points: _____ (7,5-10,0 points - is reckoned)</p>				№	List and sequence of actions	Executed (1,0)	With a mistake (0,5)	Not executed (0)	1.	Lay the victim on a back on a firm surface				2.	Release a thorax of the victim of clothes				3.	To kneel sideways from the victim facing him				4.	Throw back the patient's head, releasing respiratory tract (make the roller of clothes)				5.	The basis of a palm of one hand to put on the lower third of a breast of the victim, link fingers in the lock				6.	30 compressions of a thorax, pressing through a breast on 5-6 cm, work with straight arms				7.	Clasp the victim's lips with your own lips, vigorously execute two exhalations, controlling the movement of a thorax of the patient				8.	Repeat the cycles 2 exhalations - 30 compressions				9.	Control a condition of the victim				10.	Completion of the procedure			
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Practice final score _____

Head of practice _____ (A. Kholopov)